



WHAT'S ON

at The Bridge Community Hub!

SEPTEMBER 2026

WEEKLY CALENDAR:

MONDAY

Crafty Corner

10am - 12pm
FREE weekly social craft group,
all invited and drop ins welcome.

Learn Te Reo Māori

– Absolute Beginners
5:15 - 6:15pm
Six week course. New intake each
term. Bookings essential.
Fern: fernw1@outlook.com

Pop Pilates

6:30 - 7:30pm
Pilates done differently! First class
FREE, then \$18. Emily: 021 0889 9084

TUESDAY

Children's Music Class

- by The Muse
3:45 - 4:30pm (term time)
For ages 5-7. Term fee \$140
Email: admin@themuse.org.nz

Mindful Movement with Mel

6:30 - 7:30pm
Welcoming weekly yoga class.
Hatha flow, breathwork & relaxation.
\$20 casual, or \$70 for 4-class-pass.
Bookings essential.
Mel: 020 449 5377

WEDNESDAY

Learn Te Reo Māori

– Beginners with Experience
5:15 - 6:15pm
Bookings essential
Fern: fernw1@outlook.com

Pop Pilates

6:30 - 7:30pm
Pilates done differently! First class
FREE, then \$18. Emily: 021 0889 9084

THURSDAY

Playful Club

9:30 - 10:30am (term time)
Toddler play group session.
Music and special combo from
Dune Cafe for attendees.
Walk-ins welcome! \$2 entry.

FRIDAY

Tai Chi

- Vital Class (beginners)
10:45 - 12.00pm
First class FREE, then \$8
Steve: 021 640 733

Māmā Pilates

12:30 - 1:30pm (term time)
Suitable for any stages of
pre/post- natal. Babies welcome!
\$75 for x5 classes, or \$20 casual.
Eveline: evelinegeradts@gmail.com

SUNDAY

Your Vital Life

- Yoga with Hamish
9 - 10am
\$20 casual, \$160 10-class pass,
\$180 month unlimited.
Hamish: 021 055 1884

Pop Pilates

10:15 - 11:15am
Pilates done differently! First
class FREE, then \$18.
Emily: 021 0889 9084

Tai Chi

- Vital Class (beginners)
6:45 - 8pm
First class FREE, then \$8
Steve: 021 640 733

FORTNIGHTLY, MONTHLY & SPECIAL EVENTS:

TUESDAY

Everyday Tech Help

11am - 12pm | 15 Sep
Third Tuesday of each month
Friendly support for everyday
technology questions. Drop in's
welcome, bring your phone, tablet or
laptop. Donation appreciated.
Enquiries: hello@thebridgehub.org.nz

Building Chats with BEN

10 - 11am
Last Tuesday of each month
FREE building and construction
chats with a registered builder. Pop
in anytime during the hour. All
welcome!

WEDNESDAY

FREE Legal Chats

1:30 - 2:30pm | 30 Sep
Last Wednesday of the month
Drop in for FREE legal advice on
wills, trusts and enduring powers
of attorney. All welcome.
If you can't attend in person,
please contact Sarah:
sarah@trustandlegacy.nz

THURSDAY

Boardgames

@ The Bridge
7 - 11pm | 2 Sep
First Thursday of the month
Gold coin/koha entry.
Enquiries: admin@bgatb.nz

Baby & Toddler First Aid Course

- Māmā Mingle
2:30 - 4pm | 10 Sep
A practical infant focused First
Aid session, covering CPR,
choking, drowning prevention and
more. \$135 - bookings essential
@mamamingle

FRIDAY

Kids Disco

5:30 - 7 pm | 4 Sep
Calling all primary school-aged
kids! Join us for an evening of
music, dancing and fun.
\$5 Entry at the door - BYO snacks.

Baby & Toddler First Aid Course

- Māmā Mingle
2:30 - 4pm | 11 Sep
A practical toddler focused First
Aid session, covering CPR,
choking, drowning prevention and
more. \$135 - booking essential
@mamamingle

Power Over Prostate: Tackle it in Blue

- Charity Power Yoga
5:30-7:30pm | 11 Sep
Power Vinyasa practice to music.
Fundraise for Prostate Cancer
Foundation NZ. \$30 tickets from:
www.yourvitallifenz.com or
www.wavewellness.co.nz

SATURDAY

Sol Gatherings

10am - 2pm | 5 Sep
A day dedicated to health and
wellbeing in all it's forms -
natural health & nutrition,
bodywork, energy healing and
conscious products. FREE entry
- everyone welcome.

Ecstatic Dance Chch

7 - 9:15pm | 5 & 19 Sep
Family friendly dance event.
\$15-\$25. Event details on FB.

Yoga & Sound Healing

9 - 10.15am | 19 Sep
Third Saturday of the month
\$25 drop in, or concessions
available. Kelsey:
kelsey@currentwellbeing.co.nz

Re-Loved Clothing Market

10am - 2pm | 26 Sept
Shop quality pre-loved clothing,
shoes and accessories while
supporting sustainable fashion.
FREE entry, all welcome!

thebridgehub.org.nz
hello@thebridgehub.org.nz
@thebridgesouthbrighton
@thebridgehubsouthbrighton

STAY UP TO DATE BY
FOLLOWING US ON
FACEBOOK AND
INSTAGRAM